



← BIKE
← RUN

BIKE
YEAR 4: 3x laps
YEAR 5: 3x laps
YEAR 6: 3x laps

SWIM
YEAR 4: 50m
YEAR 5: 100m
YEAR 6: 200m

BIKE/RUN
TRANSITION

START YEAR 4
START YEAR 5
START YEAR 6

Rotary Park

START
CORRALS

FINISH

SCHOOL
HOLDING
ZONES

BUS
DROP
ZONE

RUN
Year 4: 1x laps
Year 5: 2x laps
Year 6: 2x laps

YEAR 4 Swim 50m/Bike 3km (3x laps)/Run 1km
YEAR 5 Swim 100m/Bike 3km (3x laps)/Run 2km
YEAR 6 Swim 200m/Bike 3km (3x laps)/Run 2km