



JUNIOR

Year 1 & 2	250m run	1km bike	250m run
Year 3	250m run	1km bike	1km run
Year 4	50m swim	3km bike (3 laps)	1km run
Year 5	100m swim	3km bike (3 laps)	1km run
Year 6	200m swim	3km bike (3 laps)	2km run (2 laps)



← To Treble Cone

Wanaka-Mount Aspiring Road



Bike
1km lap



Swim

Exit

Start



Run
1km lap

Glendhu Bay Woolshed



Registration

Expo

Recovery Tent

Shade

VIP

Finish

VIP & Disability Car Parking



Turn for 2 lap

Motatapu Road

Glendhu Bay



Bike Glendhu Base & Cafe



Car Parking

Car Park Entry

Wanaka-Mount Aspiring Road

To Wanaka →

