



# INTERMEDIATE

Year 7 & 8

200m swim

6km bike  
(6 laps)

3km run  
(3 laps)



**INTERMEDIATE**  
**CHALLENGE**  
*we are triathlon!*

← To Treble Cone

Wanaka-Mount Aspiring Road



**Bike**  
1km lap



**Swim**

50m

100m

50m

**Exit**

**Start**

Transition

Glendhu Bay Woolshed



Registration

Expo

Recovery Tent

Shade

VIP

**Finish**

**Run**  
1km lap



VIP & Disability  
Car Parking



Motatapu Road

Turn for  
2/3 lap



Bike Glendhu Base & Cafe



Car Parking

Car Park Entry

Glendhu Bay

Wanaka-Mount Aspiring Road

To Wanaka →

